



Why a syndromic approach?

There are several reasons why a syndromic approach is preferred over a conventional approach:

- It is more comprehensive and covers a wider range of conditions.
- It is more patient-centered and takes into account the patient's overall health and well-being.
- It is more cost-effective and reduces the need for multiple tests and treatments.
- It is more efficient and allows for faster diagnosis and treatment.

Clinical Evaluation of a Multi-parameter Customized Respiratory Treatment: Arroyo-Castá compared to Conventional Methods in Immunocompromised Patients

Syndromic approach



Why syndromic approach?

- The same clinical symptoms can be the result of different infecting etiologic agents
- Infections in infants, the elderly and the immunocompromised host can present differently than in an otherwise healthy individual
- Under-diagnosis of co-infections
- Unnecessary medical procedures
- Positive impact on growing problem of antibiotic resistance
- Clinicians are able to reassure anxious parents
- Assist the public health authorities in investigating outbreaks
- Cost effective

Clinical Evaluation of a Multi-parameter Customized Respiratory Taqman® Array Card Compared to Conventional Methods in Immunocompromised Patients

Syndromic approach

**Clinical Evaluation of a Multi-parameter Customized
Respiratory Taqman® Array Card Compared to Conventional
Methods in Immunocompromised Patients**

Syndromic approach

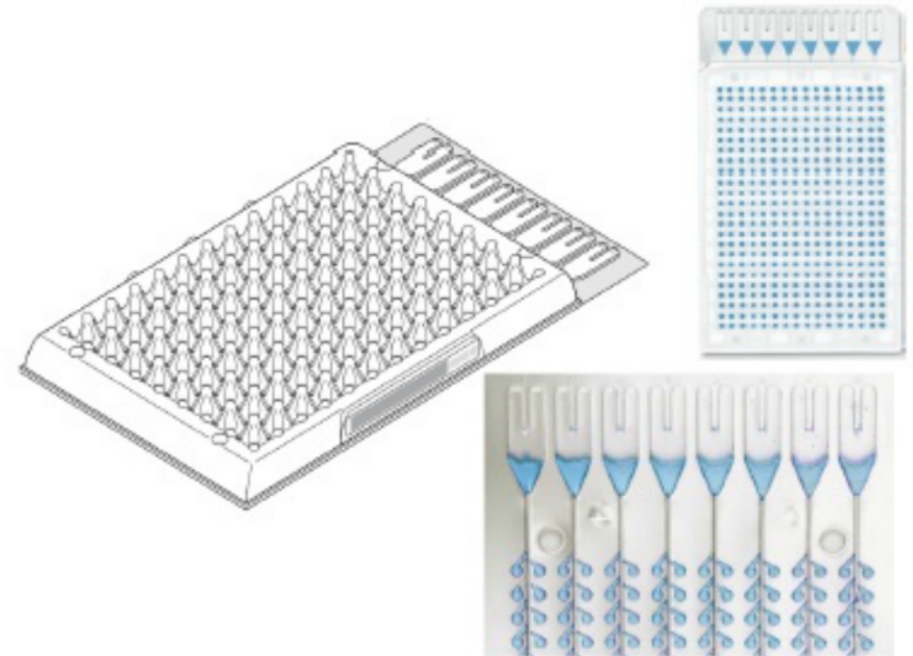
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Commercial



In house



And many more.....

Taqman Array Card Technology

Advantages

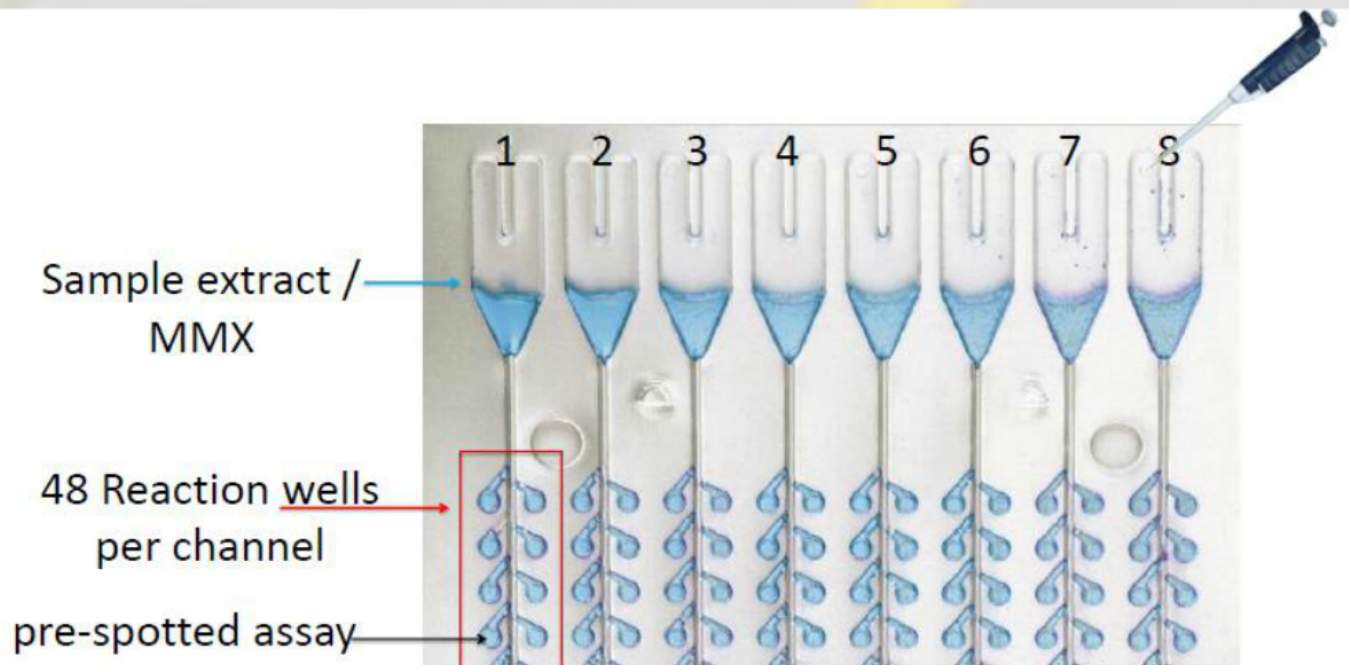
- completely custom-made => great flexibility (choice of pathogens, choice and number of gene targets per pathogen to be included on the card)
- spatial separation of the 48 reaction wells => easily changed without the need for extensive re-optimisation and validation of a highly parallel multiplex assay
- real-time PCR => semi-quantitative Ct-value for each separated target
- workflow: simple and easy
- TAT: 1-2h
- cost per test: relatively low



Microfluidic technology

Principle

TaqMan® Array Card



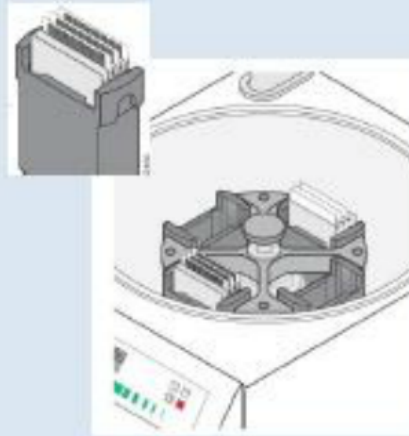
1well = 1 μ l reaction volume = 1 Real Time PCR reaction

Fill the TAC



- 78 μ l extract
- 26 μ l TaqMan® Fast Virus 1-Step Master Mix

Centrifugation



- 2 x 2min 1200xg

Sealing



Trim the fill strip



Amplification



- 52 min run time

Data analysis

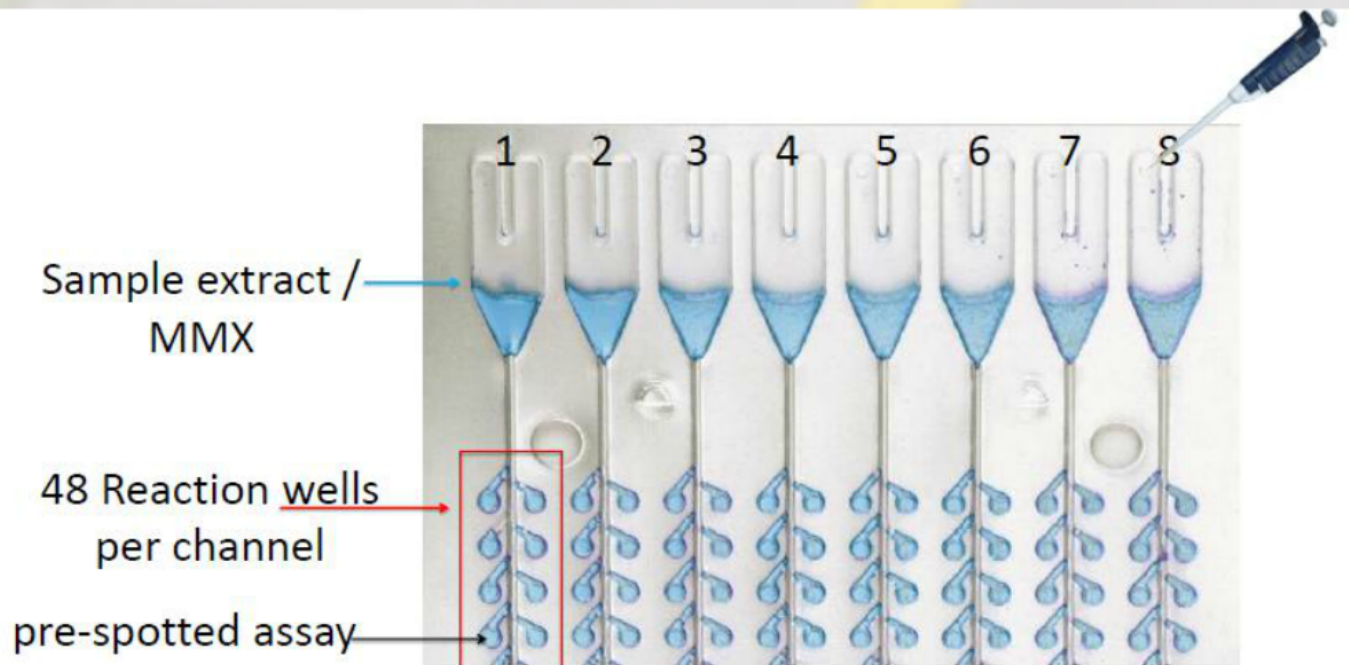


- 10 min


Microfluidic technology

Principle

TaqMan® Array Card



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Human respiratory syncytial virus A	1	25	Influenza B virus #1
Human respiratory syncytial virus B	2	26	IC RNAdbID
MERS coronavirus #1	3	27	Influenza A #2
Parainfluenza virus 2	4	28	Influenza A #3
Parainfluenza virus 3	5	29	Enteroviruses #2
Parainfluenza virus 4	6	30	<u>Mumps virus</u>
Enteroviruses #1	7	31	Influenza A H1 #4
Rhinoviruses #1	8	32	<u>Bordetella holmesii</u>
<u>Bordetella pertussis</u> #2	9	33	<u>Bordetella parapertussis</u>
Human coronavirus GP2 OC43/HKU1	10	34	Cytomegalovirus
IC 18S rRNA	11	35	Influenza B virus #2
Human coronavirus NL63	12	36	Influenza A H3 #5
Human coronavirus 229E	13	37	Aspergillus
Human metapneumovirus	14	38	<u>Human coronavirus OC43</u>
MERS coronavirus #2	15	39	<u>Mycoplasma pneumoniae</u>
<u>Adenoviruses</u> #1	16	40	<u>Bordetella pertussis</u> #1
Bocavirus	17	41	Human parechovirus
<u>Adenoviruses</u> #2	18	42	<u>Pneumocystis jirovecii</u>
Influenza A #1	19	43	Human respiratory syncytial virus #3
Measles virus	20	44	<u>Chlamydophila pneumoniae</u>
Influenza A H7N9 #6	21	45	IC Human Rnase P gene
<u>Coxiella burnetii</u>	22	46	<u>Parainfluenza virus 1</u>
IC PDV	23	47	<u>Legionella pneumophila</u>
<u>Chlamydia psittaci</u>	24	48	<u>Rhinoviruses</u> #2

Viru
1 Rhin
2 Rhin
3 Ente
4 Ente
5 Inlu
6 Inlu
7 Inlu
8 Inlu
9 Inlu
10 Inlu
11 Inlu
12 Inlu
13 Hun
14 Hun
15 Hun
16 Para
17 Para
18 Para
19 Para

Viruses

- 1 Rhinoviruses #1
- 2 Rhinoviruses #2
- 3 Enteroviruses #1
- 4 Enteroviruses #2
- 5 Influenza A CDC DC
- 6 Influenza A H1 2009 ABI #1
- 7 Influenza A H3 seasonal CFI
- 8 Influenza A H7N9
- 9 Influenza A Quad AM2
- 10 Influenza A Quad Y
- 11 Influenza B Bruges
- 12 Influenza B Quad
- 13 Human respiratory syncytial virus A
- 14 Human respiratory syncytial virus B
- 15 Human respiratory syncytial virus
- 16 Parainfluenza 1
- 17 Parainfluenza 2
- 18 Parainfluenza 3
- 19 Parainfluenza 4

Viruses

- 20 Human adenovirus (all types)
- 21 Human adenovirus (all types)
- 22 Human metapneumoviruses
- 23 Human parechovirus
- 24 Bocavirus
- 25 Cytomegalovirus
- 26 Human coronavirus 229E
- 27 Human coronavirus GP2 OC43/HKU1
- 28 Human coronavirus NL63
- 29 Human coronavirus OC43
- 30 Measles virus
- 31 Mumps virus
- 32 MERS CoV ABI (2)
- 33 MERS CoV ORF 1b
- 34 MERS CoV cam

34 pathogens

Bacteria

- 35 *Bordetella holmesii* IS 1001
- 36 *Bordetella parapertussis* IS 1001
- 37 *Bordetella pertussis* IS481
- 38 *Bordetella pertussis* ptxS1
- 39 *Mycoplasma pneumoniae*
- 40 *Chlamydophila pneumoniae*
- 41 *Legionella pneumophila*
- 42 *Coxiella burnetii*
- 43 *Chlamydophila psittaci*

Fungi

- 44 *Aspergillus fumigatus* 28S
- 45 *Pneumocystis jiroveci*

Controls

- 46 18S
- 47 PDV control
- 48 Human Rnase P gene

Objectives



To characterize the performance of the TAC assay (premarket version Cambridge-Brugge – not published) on BAL and NTS samples in the immunocompromised host population in comparison to standard clinical testing for respiratory viruses (Erasmus).

Materials & methods



Patients and samples.

- between December 2014 and April 2015
- 120 adult immunocompromised patients
- symptoms of an upper or lower respiratory tract infection
- electronic medical records were reviewed for clinical details
- after conventional testing, the samples were aliquoted and stored at -80°C until study testing
- approved by the ethical committee of the Erasme hospital

Conventional testing.

- DFA respiratory virus tests: Influenza A and B viruses, adenovirus, respiratory syncytial virus (RSV), parainfluenza viruses 1, 2, and 3 (PIV1, -2, -3) and human metapneumovirus (hMPV)
- rapid viral culture (Shell vial LLC-MK2) for adenovirus, parainfluenza, RSV and Influenza A/B
- conventional viral culture (A549 and MRC-5) for BAL samples

Nucleic acid extraction.

DSP viral pathogen midi kit on QiaSymphony

TAC testing.

78µL of nucleic acid extract + 26µL of Taqman Fast Virus 1-step mastermix

Verification PCR testing.

discordance => further verification testing using validated and accredited real-time PCR assays
also performed for non-viral pathogens detected by the TAC assay

Statistical analysis.

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Statistical analysis.

Results (1)

Patients and samples.

Conventional testing (A).

- 27/143 samples with one pathogen each (18.9%)

TAC testing (B).

- 77 samples with one or more viral respiratory pathogens (53.8%)
- + 13 samples with *Pneumocystis jirovecii*, 2 samples with *Aspergillus* species and 1 sample each with *Bordetella parapertussis*, *Mycoplasma pneumoniae* and *Legionella pneumophila*.
- Co-infection rate of 11.9% (viral + non-viral pathogens)

=> The TAC assay was significantly more likely to detect a respiratory virus than routine conventional testing (McNemar P <0.0001)

=> When TAC assay results for viruses that could not be detected by conventional testing (coronavirus, rhinovirus, CMV in NTS samples) (n= 18) and conventional testing results for HSV (n= 1) that could not be detected by TAC testing were excluded from analysis, the difference in diagnostic performance was still significant (P <0.0001).

Table 1: Baseline characteristics of 120 patients from whom respiratory samples were collected

Characteristic	Value
Median age, yrs (range)	58.5 (22, 94)
No. (%) male	64 (53.3)
No. (%) with underlying condition	
– solid organ transplantation	59 (49.2)
– solid malignancy	26 (21.7)
– <u>hematological malignancy</u>	21 (17.5)
– other underlying disease needing long-term corticosteroids therapy or immunosuppressive therapy	12 (10.0)
– HIV CD4 < 200/mm ³	2 (1.7)
No. (%) with type of solid organ transplantation	
– lung transplant	23 (19.2)
– kidney transplant	19 (15.8)
– liver transplant	7 (5.8)
– heart transplant	7 (5.8)
– combined transplant*	3 (2.5)

* lung + kidney, lung + heart, kidney + liver

Table 2: Clinical characteristics of the 143 respiratory samples collected for clinical indications

Sample characteristic	No. (%) of samples (c)
Type of sample	
NTS (a)	108 (75.5)
BAL (b)	35 (24.5)
Clinical indication for test	
upper respiratory tract infection	29
lower respiratory tract infection	93

(a) NTS, nose-throat swab
(b) BAL, bronchoalveolar lavage
(c) Samples obtained from 120 patients, of whom 22 patients with more than one sample:

- 20 patients with NTS and BAL for the same clinical indication
- One patient with one NTS during first respiratory episode, 1 month later NTS and BAL for the same clinical indication
- One patient with NTS and BAL for different clinical indications

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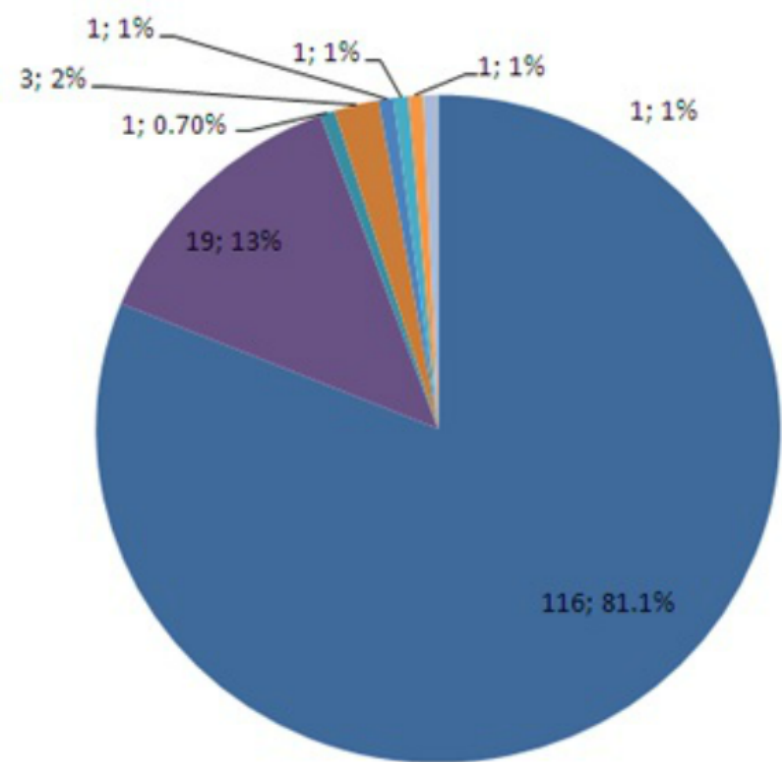
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TAC testing (B).

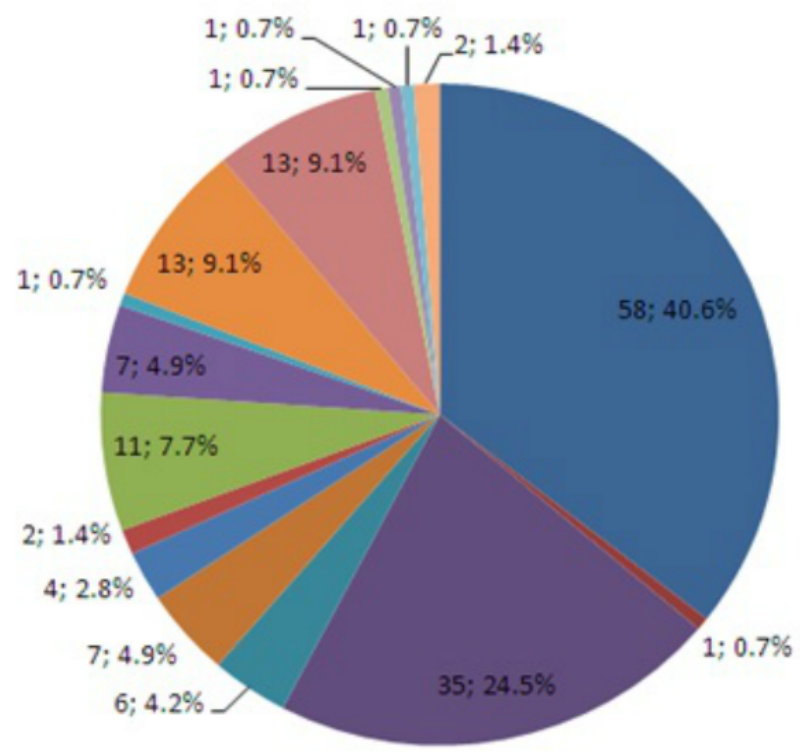
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A



B

- Negative
- Uninterpretable
- Not done
- Influenza A
- Influenza B
- RSV
- hMPV
- Adenovirus
- Rhinovirus
- Coronavirus
- PIV
- CMV
- HSV1
- *Pneumocystis jirovecii*
- *Bordetella parapertussis*
- *Mycoplasma pneumoniae*
- *Legionella pneumophila*
- *Aspergillus* species

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Results (2)

Verification PCR testing.

58 samples on which the two techniques disagreed for viral pathogens
viral disease

present in 75 samples (52.4%)

absent in 68 samples (47.6%)

cPPV not significantly different ($P = 0.25$)

cNPV TAC assay (96.7%) >>> routine conventional testing (57.8%) ($P < 0.0001$)

11/13 samples positive for *P. jirovecii* confirmed => median cycle threshold 34 for the 11 *P. jirovecii* confirmed by verification testing versus 28

2/2 *Aspergillus* species, 1/1 *Mycoplasma pneumoniae* and 1/1 *Bordetella parapertussis*

0/1 *Legionella pneumophila* => detection limit of the PCR assay on the TAC card (CT 32)

Coupled samples

21 patients NTS + BAL during the same episode of respiratory tract infection symptoms:

9/21: NTS + BAL negative by conventional and TAC testing

10/21: same viral pathogen both in the NTS as in the BAL sample with TAC testing, compared to only 1 patient by conventional testing

2/21: one positive for influenza B virus only in the BAL sample, and one for coronavirus solely in the NTS

Table 4: Results from conventional, TAC and verification testing for samples with discordant results



No. of samples (a)	routine testing result	TAC result	verification result
2	negative	Adenovirus	Adenovirus
11	negative	CMV	CMV
1	negative	CMV	negative
7	negative	Coronavirus (b)	Coronavirus (b)
3	negative	<u>hMPV</u>	<u>hMPV</u>
15	negative	Influenza A	Influenza A
1	HSV1	negative (c)	HSV1
3	negative	Influenza A (d)	negative
1	Influenza A (e)	negative	Influenza A (e)
1	Influenza A (f)	negative	negative
4	negative	Influenza B	Influenza B
1	negative	Influenza B (g)	negative
9	negative	Rhinovirus	Rhinovirus
1	negative	Rhinovirus (h)	negative
4	negative	RSV	RSV

(a) n= 64 (58 samples in total, 6 samples with more than one discordant result)

(b) Coronavirus OC43 (n= 2), Coronavirus 229E (n= 4), Coronavirus NL63 (n= 1)

(c) HSV1 targets not included in TAC assay

(d) two samples with only 1/6 and one sample with 3/6 targets for influenza A weakly positive (Ct-value >30)

(e) only viral culture positive, verification PCR very weakly positive (Ct-value >36)

(f) false positive DFA

(g) only 1/2 targets weakly positive (Ct-value >30)

(h) 2/2 targets for rhinovirus weakly positive (Ct-value >30)

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Table 5: Calculated performance characteristics for TAC and conventional testing

	DFA + viral culture	TAC	<i>P</i> value
% <u>cSens</u> (95% CI)	34.67 (24.05, 46.54)	97.33 (90.68, 99.60)	<0.0001
% <u>cSpec</u> (95% CI)	98.53 (92.05, 99.75)	91.18 (81.77, 96.67)	0.9703
% <u>cPPV</u> (95% CI)	96.30 (80.97, 99.38)	92.41 (84.19, 97.14)	0.2485
% <u>cNPV</u> (95% CI)	57.76 (48.24, 66.87)	96.88 (89.14, 99.53)	<0.0001

cSens, calculated sensitivity ; cSpec, calculated specificity ; cPPV, calculated positive predictive value ; cNPV, calculated negative predictive value

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Discussion



- practical real-life assessment of the performance of the custom TAC assay in a population for whom rapid and accurate diagnosis of viral pathogens is crucial for appropriate clinical management
- relatively high overall positivity rate (52.4%)
- co-infection rate: 5.6% of samples with more than one viral pathogen, and 11.9% if all included pathogens were considered
- positive molecular assay on a respiratory sample may indicate viral infection, benign (and asymptomatic) colonization, or contamination
CHALLENGE => develop algorithms to determine which pathogens are primarily responsible for disease, which pathogens can work synergistically to evoke disease, and which pathogens represent carriage
- useful applications to various syndromes beyond respiratory infections, such as diarrhea, sepsis, and meningitis/encephalitis, where a variety of pathogens could be causing similar symptoms



**Optimize patient
management!**



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Cambridge University Hospitals
NHS
NHS Foundation Trust

Dr. Martin Curran

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THANK YOU